

# Driving Course

## Class 5

Learner Drivers  
In-Car Session Workbook



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# Guided Driving

**Duration:** 1 hour

**Route:** Easy

**Traffic:** Light

## THINGS TO EMPHASIZE

Familiarization with the vehicle

Techniques for scanning the road environment

## MANOEUVRES AND BEHAVIOURS

### Before Driving

- Preparing the vehicle
- Adopting a safe driving position

### Basic Manoeuvres

- Driving in a straight line
- Mastering the steering wheel
  - Positioning the hands correctly on the steering wheel
  - Handling the steering wheel correctly
- Controlling the vehicle's steering
- Controlling and maintaining the vehicle's speed
- Controlling the vehicle's acceleration
- Controlling braking and bringing the vehicle to a stop
- Exiting the vehicle

### Vision

- Scanning the road environment



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Locates the technical features of the vehicle used
- Scans the road environment
  - Visual scanning:
    - Avoids focusing on any one object
    - Keeps his or her eyes moving
    - Looks far ahead
    - Increases his or her field of vision (sweeping view)

### Evaluates

- Evaluates the vehicle's condition
- Evaluates the road environment

### Acts

- Adopts a safe driving position
- Manoeuvres the vehicle safely
- Exits the vehicle safely

# Guided Driving

**Duration:** 1 hour

**Route:** Easy

**Traffic:** Light

## THINGS TO EMPHASIZE

Other users

Observe – Evaluate – Act (OEA) driving strategy:  
the major principles

Right of way

Blind spots

## MANOEUVRES AND BEHAVIOURS

### Manoeuvres

- Driving forward out of a driveway onto a public road
- Pulling out from the side of the road
- Parking on the side of the road

### Intersections

- Crossing an intersection
  - Locating stop signs
  - Identifying who has right of way
- Turning at an intersection with or without stop signs

### Stopping

- Slowing down and bringing the vehicle to a stop
- Stopping at an intersection

### Backing up

- Controlling the vehicle when backing up

### Vision

- Scanning the road environment
  - Visual scanning
  - Checking rear-view mirrors
  - Doing shoulder checks (blind spots)
- Locating stop signs

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Scans the road environment
  - Checks rear-view mirrors
  - Visual scanning
    - Avoids focusing on any one object
    - Keeps his or her eyes moving
    - Looks far ahead
    - Increases his or her field of vision (sweeping view)
  - Does shoulder checks (blind spots)
- Locates stop signs

### Evaluates

- Evaluates who has right of way
- Anticipates traffic light changes

### Acts

- Uses turn signal lights (correctly and at the right time) to communicate his or her intentions to others
- Ensures he or she can be seen by other road users
- Positions the vehicle in the turning lane
- Adopts safe, cooperative and responsible behaviour behind the wheel



## AT ALL TIMES, THE LEARNER DRIVER MUST:

- **Comply with the *Highway Safety Code* and the *Criminal Code***
- **Obey road signs and traffic signals**
- **Apply the duty of care principle**
- **Cooperate with road users, particularly vulnerable users (sharing the road)**
- **Adopt safe, cooperative and responsible behaviour behind the wheel**
- **Make decisions in keeping with road safety**

# Guided Driving

**Duration:** 1 hour

**Route:** Easy

**Traffic:** Light

## THINGS TO EMPHASIZE

Vulnerable users: pedestrians, cyclists, motorcyclists, moped and scooter operators, etc.

Yielding the right of way

## MANOEUVRES AND BEHAVIOURS

### Manoeuvres

- Driving forward into a parking space
- Perfecting control of the vehicle when backing up

### Intersections

- Turning at intersections with traffic lights
  - Turning right
  - Turning left
  - Turning right at a red light
- Perfecting turns at intersections with or without stop signs
  - Turning onto a one-way street
  - Turning onto a road with a median or other divider, etc.

### Action

- Yielding the right of way



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- **Comply with the *Highway Safety Code* and the *Criminal Code***
- **Obey road signs and traffic signals**
- **Apply the duty of care principle**
- **Cooperate with road users, particularly vulnerable users (sharing the road)**
- **Adopt safe, cooperative and responsible behaviour behind the wheel**
- **Make decisions in keeping with road safety**

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Increases his or her field of vision
- Detects places where there are likely to be vulnerable road users (with the instructor's help)
  - School zones, parks, hospitals, etc.
  - Pedestrian crosswalks
- Detects the presence of vulnerable users on the road network
  - Mid-way through the session, ask the learner driver to name, while continuing to drive, the last vulnerable users he or she saw on the road

### Evaluates

- Interprets the risks detected
- Foresees an emergency exit/Plans for a way out in an emergency

### Acts

- Positions the vehicle in the appropriate lane before, during and after turning at an intersection
- Adapts his or her driving to the situations encountered (e.g. traffic, types of users present, weather and road conditions)
  - Adjusts driving speed
  - Increases the safety margins around the vehicle (in front, behind, on the sides)
  - Lets others pass, etc.
- Adopts safe, cooperative and responsible behaviour behind the wheel

# Guided Driving

**Duration:** 1 hour

**Route:** Easy, urban area

**Traffic:** Light

## THINGS TO EMPHASIZE

Vulnerable users: pedestrians, cyclists, motorcyclists, moped and scooter operators, etc.  
Familiarization with urban driving

## MANOEUVRES AND BEHAVIOURS

### Actions

- Driving in the appropriate lanes
- Changing lanes in different driving situations
- Maintaining the safety margins around the vehicle (in front, behind, on the sides)
- Perfecting turns at intersections



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Detects potential risks (with the instructor's help)

### Evaluates

- Evaluates the possibilities
- Evaluates the level of risk
- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, types of users present, weather and road conditions)
  - Adjusts driving speed
  - Increases the safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
  - Lets others pass, etc.
- Adopts safe, cooperative and responsible behaviour behind the wheel

Semi-Guided Driving

# Formative On-Road Evaluation I

**Duration:** 1 hour

**Route:** Easy

**Traffic:** Light to medium-heavy

## THINGS TO EMPHASIZE

Review the concepts learned in Phase 2

Go back over the practices and behaviours the learner driver needs to work on

## MANOEUVRES AND BEHAVIOURS

- Mastering all of the manoeuvres and behaviours listed in in-car sessions 1 to 4

## INDEPENDENT DRIVING

At this stage, the learner driver must begin to:

- Use landmarks to get his or her bearings on the road network
  - Examples of landmarks: commercial buildings, street names, road signs, etc.

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

- Is able to perform all of the manoeuvres and adopt the behaviours learned to date, in a semi-guided context
- Adopts safe, cooperative and responsible behaviour behind the wheel



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

# Semi-Guided Driving

**Duration:** 1 hour

**Route:** Average

**Traffic:** Light to medium-heavy

## THINGS TO EMPHASIZE

Speeding and its consequences

Vulnerable users: pedestrians, cyclists, motorcyclists, moped and scooter operators, etc.

Other users (e.g. car doors that are opened)

Safe, cooperative and responsible behaviour

## MANOEUVRES AND BEHAVIOURS

### Parking

- Performing two types of parking

### Urban driving

- Applying in a more difficult environment the concepts learned previously



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- **Comply with the *Highway Safety Code* and the *Criminal Code***
- **Obey road signs and traffic signals**
- **Apply the duty of care principle**
- **Cooperate with road users, particularly vulnerable users (sharing the road)**
- **Adopt safe, cooperative and responsible behaviour behind the wheel**
- **Make decisions in keeping with road safety**

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Searches for the best possible visibility
- Detects potential risks (with the instructor's help) with a view to independent driving

### Evaluates

- Anticipates when traffic will slow down and stop, and the mandatory stops of certain vehicles at level crossings (school buses and city buses)
  - Slows down, brakes, increases safety margins, yields the right of way, etc.
- Detects risks in the road environment (distinguishes between risks and normal situations)
- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other users present, weather and road conditions, etc.)
  - Adjusts driving speed
  - Increases the safety margins around the vehicle
  - Changes lanes
  - Lets others pass, etc.
- Is learning to handle unforeseen events
- Adopts safe, cooperative and responsible behaviour behind the wheel



# Semi-Guided Driving

**Duration:** 1 hour

**Route:** Average

**Traffic:** Light to medium-heavy (varied speed limits)

## THINGS TO EMPHASIZE

Potential or real risks in rural areas: animals, speed variation, etc.

Emergency vehicles

Safe, cooperative and responsible driving

## MANOEUVRES AND BEHAVIOURS

### Rural driving – secondary and main roads

- Adapting visual exploration techniques to rural driving
- Adapting learned manoeuvres and behaviours to rural driving

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Recognizes safe, cooperative and responsible behaviour in other road users
- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Detects potential and real risks

### Evaluates

- Evaluates the possibilities
- Evaluates the level of risk
- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other road users present, weather and road conditions, etc.)
  - Adjusts driving speed
  - Increases safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
  - Lets others pass, etc.
- Adopts safe, cooperative and responsible behaviour behind the wheel

## INDEPENDENT DRIVING

In the next five minutes, ask the learner driver to perform certain manoeuvres on his or her own (without the instructor's help).

- Turning
  - The learner driver determines where and how to make the turn.
  - The learner driver makes the turn on his or her own.
- Stopping at an intersection
  - The learner driver stops far enough behind the vehicle ahead to fully see the vehicle's rear tires.
  - The learner driver stops where prescribed by the *Highway Safety Code* (before the stop line or the pedestrian crosswalk).
- The learner driver must make sure that:
  - The manoeuvres are permitted;
  - The manoeuvres are safe;
  - The manoeuvres can be performed without interfering with other road users (e.g. another user is not cut off; other users have the room and time they require);
  - The turn signal lights and brake lights are used appropriately to indicate his or her intentions, etc.

In subsequent sessions, the learner should perform these manoeuvres on his or her own.



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

# Semi-Guided Driving

**Duration:** 1 hour

**Route:** Average

**Traffic:** Light to medium-heavy

## THINGS TO EMPHASIZE

Heavy vehicles: what to do in their presence, and blind spots

Courtesy toward drivers of other vehicles, heavy vehicles and emergency vehicles

Safe, cooperative and responsible driving

## MANOEUVRES AND BEHAVIOURS

### Highway

- Adapting visual exploration techniques to highway driving
- Adapting learned manoeuvres and behaviours to highway driving



### AT ALL TIMES, THE LEARNER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Detects potential and real risks

### Evaluates

- Evaluates the possibilities
- Evaluates the level of risk
- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other road users present, weather and road conditions, etc.)
  - Adjusts driving speed
  - Increases safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
- Makes multiple decisions quickly
- Adopts safe, cooperative and responsible behaviour behind the wheel

# Semi-Guided Driving

**Duration:** 1 hour

**Route:** Average

**Traffic:** Light

## THINGS TO EMPHASIZE

Courtesy: rules and behaviour

Behaviours to adopt in the presence of various users

## MANOEUVRES AND BEHAVIOURS

### Urban driving

- Perfecting urban driving (manoeuvres and behaviours)

### Parking

- Carrying out parking manoeuvres not yet learned
- Perfecting all parking manoeuvres

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Recognizes the influence of other road users' actions on himself or herself
- Detects potential and real risks
- Perceives potential conflicts

### Evaluates

- Evaluates the possibilities
- Evaluates the level of risk
- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other road users present, weather and road conditions, etc.)
  - Adjusts driving speed
  - Increases safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
  - Lets others pass, etc.
- Adopts safe, cooperative and responsible behaviour behind the wheel
- Avoids potential conflicts
  - Avoids nervous and provocative behaviours

## INDEPENDENT DRIVING

- In the next five minutes, ask the learner driver to change lanes on his or her own (without the instructor's help).
- Changing lanes:
  - The learner driver determines when and how to change lanes.
  - The learner driver changes lanes on his or her own.
- The learner driver must make sure that:
  - The manoeuvre is permitted.
  - The manoeuvre is safe.
  - The manoeuvre can be performed without interfering with other road users (e.g. another user is not cut off; other users have the room and time they require).
- The learner driver must properly use the turn signal lights to indicate his or her intentions, etc.

In subsequent sessions, the learner driver should perform this manoeuvre on his or her own.



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- **Comply with the *Highway Safety Code* and the *Criminal Code***
- **Obey road signs and traffic signals**
- **Apply the duty of care principle**
- **Cooperate with road users, particularly vulnerable users (sharing the road)**
- **Adopt safe, cooperative and responsible behaviour behind the wheel**
- **Make decisions in keeping with road safety**

Semi-Guided Driving

# Formative On-Road Evaluation II

**Duration:** 1 hour

**Route:** Average

**Traffic:** Light to medium-heavy

## THINGS TO EMPHASIZE

Go back over the practices and behaviours the learner driver needs to work on

### MANOEUVRES AND BEHAVIOURS

- Mastering all of the manoeuvres and behaviours listed in in-car sessions 1 to 9
- Performing manoeuvres independently
  - Parking
  - Changing lanes
  - Turning, etc.



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- **Comply with the *Highway Safety Code* and the *Criminal Code***
- **Obey road signs and traffic signals**
- **Apply the duty of care principle**
- **Cooperate with road users, particularly vulnerable users (sharing the road)**
- **Adopt safe, cooperative and responsible behaviour behind the wheel**
- **Make decisions in keeping with road safety**

### THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

- Is able to perform all of the manoeuvres and adopt the behaviours learned to date, in a semi-guided to independent manner.

### INDEPENDENT DRIVING

In the next five minutes, ask the learner driver to perform a parking manoeuvre on his or her own (without the instructor's help).

- Parking manoeuvre
  - The learner driver looks for a space in a parking lot and parks the car without help.
  - The learner driver looks for a place to park the car on a street in a residential neighbourhood, and parks the car without help.

In subsequent sessions, the learner driver should perform these manoeuvres on his or her own.

# Semi-Guided to Independent Driving

**Duration:** 1 hour

**Route:** Average to difficult

**Traffic:** Light to medium-heavy

## THINGS TO EMPHASIZE

Awareness that consuming alcohol, drugs and medication is an at-risk behaviour

Distractions

Safe, cooperative and responsible behaviour

Mid-way through the session, ask the learner driver to turn on the fan or heat while driving.

- Check whether the learner driver is able to perform driving-related tasks (e.g. turning on the fan or heat) without it affecting his or her driving (e.g. an abrupt change in course).

## MANOEUVRES AND BEHAVIOURS

- Perfecting independent driving (manoeuvres and behaviours)
- Eliminating distractions or reducing them to a minimum

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Identifies the distractions inside and outside the vehicle
- Detects potential risks

### Evaluates

- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other road users present, weather and road conditions, etc.)
  - Adapts driving speed
  - Increases safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
  - Lets others pass, etc.
- Adopts safe, cooperative and responsible behaviour behind the wheel
- Concentrates on driving
- Eliminates distractions or reduces them to a minimum

## INDEPENDENT DRIVING

- Give the learner driver directions on how to get to the chosen destination, as you would for a tourist, for example.
- The learner driver must reach the destination by following the directions.
- Check whether the learner driver is able to get somewhere on his or her own. During the debriefing, review the following concepts:
  - Is the learner driver able to comply with the *Highway Safety Code* and follow road signs and traffic signals while finding his or her way on the road?
  - Does the learner driver pay special attention to other road users, particularly vulnerable users, or is the learner driver too focused on following the directions?
  - Is the learner driver self-assured while driving, or does the learner driver seem to hesitate about which way to go?



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- **Comply with the *Highway Safety Code* and the *Criminal Code***
- **Obey road signs and traffic signals**
- **Apply the duty of care principle**
- **Cooperate with road users, particularly vulnerable users (sharing the road)**
- **Adopt safe, cooperative and responsible behaviour behind the wheel**
- **Make decisions in keeping with road safety**



Driving with an Observer –  
Part 1

# Being the Driver

**Duration:** 1 hour

**Route:** Average to difficult

**Traffic:** Very heavy

## THINGS TO EMPHASIZE

In-car sessions 12 and 13 are combined or as part of a single two-hour session. The two learner drivers in the vehicle each take turns being the observer and the driver.

### MANOEUVRES AND BEHAVIOURS

- Perfecting driving (manoeuvres and behaviours) with a view to being independent on the road network

### INDEPENDENT DRIVING

- Before heading out, inform the learner driver that he or she will be driving on his or her own.
  - The learner driver must drive to a specific destination (e.g. city hall, municipal library) with a minimum of input from the instructor



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

### THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

#### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Detects potential risks

#### Evaluates

- Searches for solutions to avoid or reduce risks

#### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other road users present, weather and road conditions, etc.)
  - Adapts driving speed
  - Increases safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
  - Lets others pass, etc.
- Adopts safe, cooperative and responsible behaviour behind the wheel

Driving with an Observer—  
Part 2

# Being the Observer

**Duration:** 1 hour

**Route:** Average to difficult

**Traffic:** Very heavy

## THINGS TO EMPHASIZE

In-car sessions 12 and 13 are combined or as part of a single two-hour session. The two learner drivers in the vehicle each take turns being the observer and the driver.

## THE OBSERVER'S JOB

The observer

### Analyzes the learner driver's driving

- Identifies the learner driver's strengths and what he or she needs to work on
- Justifies his or her observations
- Proposes solutions to help the learner driver drive more safely, cooperatively and responsibly

### Observes the road environment

- Recognizes the potential and real risks of the road environment
- Identifies what the learner driver must do given these risks
- Finds solutions for safe, cooperative and responsible driving



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

# Eco-Driving

**duration:** 1 hour

**Route:** Varied

**Traffic:** Varied

## THINGS TO EMPHASIZE

- Eco-driving manoeuvres and principles
- Principles of eco-driving
  - Planning the trip: thinking of other means of transportation, leaving ample time to make the trip, etc.
  - Use of air conditioning
  - Vehicle loads (e.g. baggage carrier)
  - Vehicle maintenance
  - Checking of tires (condition and pressure)
  - Choice of route (types of roads, presence of stop signs or traffic lights, etc.)
  - Idling time
  - Etc.

## MANOEUVRES AND BEHAVIOURS

### Speed (eco-driving manoeuvres)

- Accelerating and decelerating gradually
- Avoiding sudden braking
- Driving more slowly between the vehicle's stops (e.g. between two stop signs)
- Maintaining a stable, legal speed adapted to the road environment

### Anticipation (eco-driving manoeuvres)

- Anticipating changes in traffic speed
  - Looking far ahead
  - Reacting rapidly, but not abruptly, to slowing traffic up ahead
- Anticipating mandatory stops
- Anticipating traffic light changes
- Maintaining safety margins all around the vehicle
- Perfecting driving

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Detects potential risks

### Evaluates

- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other road users present, weather and road conditions, etc.)
  - Adapts driving speed
  - Increases safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
  - Lets others pass, etc.
- Adopts safe, cooperative and responsible behaviour behind the wheel

## INDEPENDENT DRIVING

- Before heading out, tell the learner driver that he or she will be doing part of the driving on his or her own (without the instructor's help).

### Guided driving segment of the session

- Ask the learner driver to drive for a few kilometres. Choose a route where you will come across buildings or places that stand out on the trip (e.g. school, shopping centre, hospital, city hall).
- Ask the learner driver to identify landmarks that can be used during the independent driving part of the trip (Reference: In-Car Session 5).

### Independent driving segment of the session

- At some point during the drive, tell the learner driver that he or she will be driving independently during the next part of the trip.
- Ask the learner driver to take you to a specific place (other than the driving school) that you came across during the guided-driving part of the trip.
- Check whether the learner driver is able to find his or her way without help. Review these concepts during the debriefing:
  - Is the learner driver able to comply with the *Highway Safety Code* and follow road signs and traffic signals while finding his or her way on the road?
  - Is the learner driver focused solely on his or her landmarks, or does the learner also pay attention to other road users, particularly vulnerable users?
  - Is the learner driver self-assured while driving, or does the learner driver seem to hesitate about which way to go?



### AT ALL TIMES, THE LEARNER DRIVER MUST:

- Comply with the *Highway Safety Code* and the *Criminal Code*
- Obey road signs and traffic signals
- Apply the duty of care principle
- Cooperate with road users, particularly vulnerable users (sharing the road)
- Adopt safe, cooperative and responsible behaviour behind the wheel
- Make decisions in keeping with road safety

# Summary Session

**Duration:** 1 hour

**Route:** Varied

**Traffic:** Varied

## THINGS TO EMPHASIZE

This is the last on-road session in the program.

The session should involve as much independent driving as possible (e.g. ask the learner driver to drive you to a specific destination).

If possible, have the learner driver drive in different kinds of areas (e.g. school zone, urban area, rural area).

## MANOEUVRES AND BEHAVIOURS

### Getting ready

- Preparing to head out (vehicle and driving position)

### Controlling the vehicle

- Controlling steering, stopping and speed of the vehicle

### Independent manoeuvres

- Performing driving manoeuvres independently
  - Driving in a straight line
  - Stopping and turning at intersections
  - Curves
  - Backing up
  - Various parking manoeuvres
  - Lane changes in various driving situations
  - Passing in various driving situations

### Independent driving actions

- Communicating with other road users
  - Using turn signal lights
  - Using the brake light
  - Using the horn and headlights
- Maintaining safety margins around the vehicle (in front, behind, on the sides)
- Anticipating driving situations
  - Evaluating rights of way
  - Anticipating changes in traffic lights
  - Anticipating stops and slowing of traffic and stops related to certain vehicles
- Carrying out driving actions
  - Positioning the vehicle (appropriate lane)
  - Yielding the right of way to vulnerable users
  - Respecting rights of way
  - Etc.

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the road environment by visual scanning, checking rear-view mirrors and doing shoulder checks (blind spots)
- Detects potential and real risks
  - Places where there are likely to be road users
  - Presence of other road users (particularly vulnerable users)
  - Stops
  - Etc.

### Evaluates

- Evaluates the possibilities
- Evaluates the level of risk
- Searches for solutions to avoid or reduce risks

### Acts

- Adapts his or her driving to the situations encountered (e.g. traffic, other road users present, weather and road conditions, etc.)
  - Adapts driving speed
  - Increases safety margins around the vehicle (in front, behind, on the sides)
  - Changes lanes
- Makes multiple decisions quickly
- Adopts safe, cooperative and responsible behaviour behind the wheel



### AT ALL TIMES, THE LEARNER MUST:

- **Comply with the *Highway Safety Code* and the *Criminal Code***
- **Obey road signs and traffic signals**
- **Apply the duty of care principle**
- **Cooperate with road users, particularly vulnerable users (sharing the road)**
- **Adopt safe, cooperative and responsible behaviour behind the wheel**
- **Make decisions in keeping with road safety**



# Special Situations

# Night Driving

## THINGS TO EMPHASIZE

When the situation presents itself, use this sheet in conjunction with an in-car session provided for in the learner driver training.

Night driving

- Pay close attention to other road users
- Stay alert
- Drive at a safe speed

## MANOEUVRES AND BEHAVIOURS

### Strategies

- Adopting strategies specific to night driving
  - Reducing driving speed
  - Increasing the safety margin between you and the vehicle ahead
  - Keeping the windshield clean and in good condition
  - Maintaining proper lighting
  - Avoiding staring at the headlights of other vehicles
  - Avoiding blinding other drivers
  - Adjusting rearview mirrors to the night driving position
- Using low beams and high beams properly

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER

### Observes

- Adapts visual exploration techniques to night driving
  - Checks the rear-view mirrors
  - Visual scanning
    - Avoids focusing on any one object
    - Keeps his or her eyes moving
    - Looks far ahead
    - Increases his or her field of vision
    - Maintains peripheral vision
  - Does shoulder checks (blind spots)
- Pays close attention to the road environment
- Avoids being blinded by the headlights of other vehicles

### Evaluates

- Evaluates the road environment
- Is aware that evaluating distances is more difficult

### Acts

- Adapts behaviour to night driving
  - Reduces driving speed
  - Increases safety margins around the vehicle
- Uses low beams and high beams properly



# Winter Driving

## THINGS TO EMPHASIZE

When the situation presents itself, use this sheet in conjunction with an in-car session provided for in the learner driver train

Risks of winter driving: icy or snowy roads, reduced visibility, etc.

Risks related to icy roads: losing control, getting stuck, etc.

Winter driving

- Pay close attention to other road users
- Stay alert
- Drive at a safe speed

## MANOEUVRES AND BEHAVIOURS

### Strategies

- Adopting strategies specific to winter driving
  - Reducing driving speed
  - Increasing the safety margin between you and the vehicle ahead
  - Handling the vehicle smoothly, especially the steering wheel and brake pedal
  - Scanning the road attentively and more often
  - Using the lights of the vehicles ahead as a guide, if necessary
  - Keeping the windshield wipers in good condition
  - Looking straight ahead and planning manoeuvres
  - Using the low beams if it is snowing

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Adapts visual exploration techniques to winter driving
  - Checks the rear-view mirrors
  - Scans more frequently
    - Avoids focusing on any one object
    - Keeps his or her eyes moving
    - Looks far ahead
    - Increases his or her field of vision
    - Maintains peripheral vision
  - Does shoulder checks (blind spots)
- Pays close attention to the road environment

### Evaluates

- Evaluates the road environment
- Evaluates the impact of road conditions on driving
- Evaluates the impact of weather conditions on driving
- Plans manoeuvres well in advance to have enough time to react
- Anticipates the risk of losing control of the vehicle or getting stuck

### Acts

- Adapts behaviour to winter driving
  - Reduces driving speed
  - Increases safety margins around the vehicle
- Handles the vehicle smoothly, especially the steering wheel and brake pedal

# Driving in the Rain

## THINGS TO EMPHASIZE

When the situation presents itself, use this sheet in conjunction with an in-car session provided for in the learner driver training.

Driving in the rain

- Pay close attention to other road users
- Stay alert
- Drive at a safe speed

Risks related to driving in the rain: hydroplaning, losing control, etc.

## MANOEUVRES AND BEHAVIOURS

### Strategies

- Adopting strategies specific to driving in the rain
  - Reducing driving speed
  - Increasing the safety margin between you and the vehicle ahead
  - Handling the vehicle smoothly
  - Driving with low beams on, even in daylight
  - Scanning the road attentively and more often
  - Using the lights of other vehicles ahead as a guide, if necessary
  - Keeping windshield wipers in good condition
  - Looking straight ahead and planning manoeuvres

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Adapts visual exploration techniques to driving in the rain
  - Checks rear-view mirrors
  - Scans more frequently
    - Avoids focusing on any one object
    - Keeps his or her eyes moving
    - Looks far ahead
    - Increases his or her field of vision
    - Maintains peripheral vision
  - Does shoulder checks (blind spots)
- Pays close attention to the road environment

### Evaluates

- Evaluates the road environment
- Plans manoeuvres well in advance to have enough time to react
- Anticipates the risks of hydroplaning

### Acts

- Adapts behaviour to driving in the rain
  - Reduces driving speed
  - Increases safety margins around the vehicle

# Passing Manoeuvres

## THINGS TO EMPHASIZE

When the situation presents itself, use this sheet in conjunction with an in-car session provided for in the learner driver training.

Passing in different types of driving areas:

- Urban areas
- Rural areas
- Highways
- Etc.

## MANOEUVRES AND BEHAVIOURS

### Strategies

- Adopting strategies specific to passing
  - Making sure the manoeuvre is legal
  - Making sure the manoeuvre can be performed safely
  - Making sure the manoeuvre can be performed without exceeding the speed limit
  - Making sure to respect the rights of way of other road users
  - Planning the manoeuvre

## THE INSTRUCTOR MUST ENSURE THAT THE LEARNER DRIVER:

### Observes

- Explores the environment
  - Checks rear-view mirrors
  - Scans more frequently
    - Avoids focusing on any one object
    - Keeps his or her eyes moving
    - Looks far ahead
    - Increases his or her field of vision
    - Maintains peripheral vision
  - Does shoulder checks (blind spots)

### Evaluates

- Evaluates the amount of room and time required to pass safely

### Acts

- Uses turn signal lights (correctly and at the right time) to communicate his or her intentions to others
- Makes sure he or she can be seen by other users
- Maintains safety margins before, during and after passing
- Adopts safe, cooperative and responsible behaviour behind the wheel

# In-Car Session Self-Evaluation Form

In-Car Session No. \_\_\_\_\_

1. In the learner driver's view, what are the strengths and points to work on at this stage in the practical training?

**Strengths**

**Points to Work On**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

2. In the instructor's view, what are the strengths and points to work on at this stage in the practical training?

**Strengths**

**Points to Work On**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Learner driver's name: \_\_\_\_\_

Instructor's name: \_\_\_\_\_

**Société de l'assurance  
automobile**

**Québec** 

Avec vous,  
au cœur de votre sécurité